

# Student Wellness

For your child's health as well as their classmates, it's important that you follow a couple simple wellness guidelines.

- 1) A child with a fever of 100.0 or higher, vomiting and / or diarrhea will be sent home.
- 2) If your child is sick with any of these symptoms during the night, before school, or after school the previous day, please do not send them to school.

A child who is sick and comes to school may spread illness to others, but also does not feel well enough to learn and interact in class.

**Students must be free of fever, diarrhea and / or vomiting (without medication) for 24-hours before he / she can return to school.**

Remember to replace your child's toothbrush after an illness.