

LEONARD ISD FOODSERVICE

Monday	Tuesday	Wednesday	Thursday	Friday
Oct - 8 Student Holiday/ Teacher workday	Oct - 9 Cheese Pizza Pepperoni Pizza Rotini Bake Bread Sticks w/above Green Beans Garden Salad Mandarin Oranges Apple Juice HS Chocolate Milk White Milk	Oct - 10 Tacos Steak Sandwich Lettuce/Tomato Lettuce/Tomato Refried Beans Steamed Corn Fresh Banana Apple Juice Chocolate Milk White Milk Sour Cream Picante Sauce Ketchup Mayonnaise Mustard	Oct - 11 Bosco Sticks Bosco Sticks JH/HS General Tso's chicken w/ Rice Asian Rice Marinara Sauce Stir Fry Vegetables Fresh Apple Slices Chocolate Milk White Milk	Oct - 12 Hamburger Cheeseburger Stromboli Marinara Sauce Sidewinder Fries Lettuce/Tomato Fresh Oranges Chocolate Milk White Milk Strawberry Milk Mayonnaise Mustard Ketchup
Oct - 15 Chicken Nuggets Hot Dog Chili Dog Mashed Potatoes Broccoli & Cheese Honey Wheat Roll Bahama Salad w/ mand oranges/pineapp Chocolate Milk White Milk Gravy Ketchup Mustard Honey	Oct - 16 Cheese Pizza Pepperoni Pizza Orange Chicken w/Ric Asian Rice Stir Fry Vegetables Garden Salad Applesauce Orange Juice HS Chocolate Milk White Milk	Oct - 17 Chicken Chili Crispito Chili Crispito JH/HS Chipotle Rice Bowl Spanish Rice Pinto Beans Sliced Carrots Fresh Grapes Apple Juice Chocolate Milk White Milk Picante Sauce Sour Cream	Oct - 18 Tiger Potato Bowl Bread Sticks w/above Crispy Chicken Salad Pineapple Chunks Chocolate Milk White Milk Strawberry Milk Brown Gravy	Oct - 19 Chicken on a Bun Spicy Chicken Sandwic 4th-12th Baked Potato w/chees Sidewinder Fries Lettuce/Tomato Carrots with dip Strawberry Cups Watermelon Frozen Cu Chocolate Milk White Milk Margarine Cup Sour Cream Ketchup Mustard Mayonnaise
Oct - 22 Steak Fingers Oven Fried Chicken Mashed Potatoes Roasted Vegetables Honey Wheat Roll Sliced Peaches Apple Juice HS Chocolate Milk White Milk Honey Ketchup Gravy	Oct - 23 Cheese Pizza Pepperoni Pizza Spaghetti w/ sauce Bread Sticks w/above Green Beans Garden Salad Sweet Potatoes Mandarin Oranges Apple Juice HS Chocolate Milk White Milk	Oct - 24 Cheese Enchiladas Steak Sandwich Refried Beans Steamed Corn Fresh Banana Apple Juice Chocolate Milk White Milk Picante Sauce Cond Pico De Gallo	Oct - 25 Chicken Alfredo Popcorn Shrimp/Fish Basket HS Cole Slaw Sliced Carrots Garlic Bread Fresh Apple Orange Juice HS Chocolate Milk White Milk Ketchup Coctail Sauce Tarter Sauce	Oct - 26 Hamburger Cheeseburger Potato Wedges Lettuce/Tomato Veggies w/ Ranch Fresh Oranges Apple Juice HS Chocolate Milk White Milk Strawberry Milk Jalepenos JH/HS Ketchup Mayonnaise Mustard Sliced onion

**N/A* - denotes a nutrient that is either missing or incomplete for an individual ingredient.*

** - denotes combined nutrient totals with either missing or incomplete nutrient data.*

NOTICE: The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.

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Monday	Tuesday	Wednesday	Thursday	Friday
Oct - 29 Chicken Strips Chili Pie Mashed Potatoes Roasted Vegetables Bahama Salad w/ mand oranges/pineapp Orange Juice HS Honey Wheat Roll Chocolate Milk White Milk Gravy Ketchup Honey	Oct - 30 Cheese Pizza Pepperoni Pizza Pulled Pork Sandwich Green Beans Garden Salad Carrots with dip Applesauce Cup Orange Juice HS Chocolate Milk White Milk	Oct - 31 Nachos Chicken Quesadilla K- Chicken Bacon Ranch Quesidilla JH/HS Pinto Beans Steamed Corn Fresh Grapes Apple Juice Chocolate Milk White Milk Strawberry Milk Jalepenos JH/HS Picante Sauce Sour Cream		

USDA is an equal opportunity employer

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