

LEONARD ISD FOODSERVICE

Leonard 4th -12th grade Breakfast

Monday	Tuesday	Wednesday	Thursday	Friday
Oct - 1 Breakfast Pizza PB&J Grape Oatmeal/Biscuit Blueberry Muffin Chocolate Muffin Cocoa Puffs Cinnamon Toast Crunch Cocoa Puffs Lucky Charms Pop Tart Cinnamon Pop Tart Fudge Pop Tart Strawberry Strawberry Cups Orange Juice Chocolate Milk Strawberry Milk White Milk Jelly	Oct - 2 Cinnamon Roll PB&J Grape Breakfast Pizza Chocolate Mini Donuts Powdered Mini Donuts Cinnamon Toast Crunch Cocoa Puffs Lucky Charms Pop Tart Cinnamon Pop Tart Fudge Pop Tart Strawberry Strawberry Yogurt Bahama Salad w/ mand oranges/pineapp Orange Juice Chocolate Milk White Milk Strawberry Milk	Oct - 3 Pig in a Blanket New PB&J Grape Cinnamon Roll Blueberry Muffin Chocolate Muffin Cinnamon Toast Crunch Cocoa Puffs Lucky Charms Pop Tart Cinnamon Pop Tart Fudge Pop Tart Strawberry Strawberry Yogurt Mandarin Oranges Apple Juice Chocolate Milk White Milk Strawberry Milk Mustard Jelly	Oct - 4 Honey Chicken Biscuit PB&J Grape Pig in a Blanket New Chocolate Mini Donuts Powdered Mini Donuts Cinnamon Toast Crunch Cocoa Puffs Lucky Charms Pop Tart Cinnamon Pop Tart Fudge Pop Tart Strawberry Strawberry Yogurt Fresh Banana Apple Juice Chocolate Milk White Milk Gravy Jelly Syrup Honey	Oct - 5 Pancakes and Sausag PB&J Grape Honey Chicken Biscuit Chocolate Muffin Blueberry Muffin TRIX CEREAL Cocoa Puffs Lucky Charms Pop Tart Cinnamon Pop Tart Fudge Pop Tart Strawberry Strawberry Yogurt Fresh Apple Orange Juice Chocolate Milk White Milk Strawberry Milk Syrup Jelly Honey
Oct - 8 Student Holiday/ Teacher workday	Oct - 9 Cinnamon Roll PB&J Grape Breakfast Pizza Chocolate Mini Donuts Powdered Mini Donuts Cinnamon Toast Crunch Cocoa Puffs Lucky Charms Honey Nut Cheerios TRIX CEREAL Pop Tart Cinnamon Pop Tart Fudge Pop Tart Strawberry Strawberry Yogurt Sliced Peaches Orange Juice Chocolate Milk White Milk Strawberry Milk	Oct - 10 Sausage Pancake on PB&J Grape Biscuit & Gravy Chocolate Muffin Blueberry Muffin Cinnamon Toast Crunch Cocoa Puffs TRIX CEREAL Honey Nut Cheerios Lucky Charms Pop Tart Cinnamon Pop Tart Fudge Pop Tart Strawberry Strawberry Yogurt Mandarin Oranges Apple Juice Chocolate Milk White Milk Strawberry Milk Syrup Jelly Gravy	Oct - 11 Sausage & Biscuit PB&J Grape PB&J Strawberry Sausage Pancake on Chocolate Mini Donuts Powdered Mini Donuts Cinn.Toast Crunch Cocoa Puffs TRIX CEREAL Honey Nut Cheerios Lucky Charms Pop Tart Cinnamon Pop Tart Fudge Pop Tart Strawberry Strawberry Yogurt Fresh Banana Orange Juice Hash Brown Potatoes Chocolate Milk White Milk Strawberry Milk Jelly Syrup Gravy	Oct - 12 French Toast Sticks PB&J Grape Sausage & Biscuit Chocolate Muffin Blueberry Muffin Cocoa Puffs Cinnamon Toast Crunch TRIX CEREAL Honey Nut Cheerios Lucky Charms Pop Tart Cinnamon Pop Tart Fudge Pop Tart Strawberry Strawberry Yogurt Fresh Apple Slices Orange Juice Chocolate Milk White Milk Syrup Mustard Gravy

**N/A* - denotes a nutrient that is either missing or incomplete for an individual ingredient.*

** - denotes combined nutrient totals with either missing or incomplete nutrient data.*

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Oct - 15 Breakfast Pizza PB&J Grape Oatmeal/Biscuit Chocolate Muffin Blueberry Muffin TRIX CEREAL Honey Nut Cheerios Lucky Charms Pop Tart Cinnamon Pop Tart Fudge Pop Tart Strawberry Strawberry Yogurt Fresh Oranges Apple Juice Chocolate Milk White Milk Strawberry Milk Jelly	Oct - 16 Cinnamon Roll PB&J Grape Breakfast Pizza Chocolate Mini Donuts Powdered Mini Donuts TRIX CEREAL Honey Nut Cheerios Lucky Charms Pop Tart Cinnamon Pop Tart Fudge Pop Tart Strawberry Strawberry Yogurt Bahama Salad w/ mand oranges/pineapp Orange Juice Chocolate Milk White Milk Strawberry Milk	Oct - 17 Pig in a Blanket New PB&J Grape PB&J Strawberry Cinnamon Roll Chocolate Muffin Blueberry Muffin TRIX CEREAL Honey Nut Cheerios Lucky Charms Pop Tart Cinnamon Pop Tart Fudge Pop Tart Strawberry Strawberry Yogurt Applesauce Orange Juice Chocolate Milk White Milk Strawberry Milk Mustard	Oct - 18 Scrambled Eggs/Biscui PB&J Grape PB&J Strawberry Pig in a Blanket New Chocolate Mini Donuts Powdered Mini Donuts TRIX CEREAL Honey Nut Cheerios Lucky Charms Pop Tart Cinnamon Pop Tart Fudge Pop Tart Strawberry Strawberry Yogurt Fresh Grapes Apple Juice Chocolate Milk White Milk Strawberry Milk Jelly Picante Sauce Pico De Gallo Gravy	Oct - 19 Pancakes and Sausag PB&J Grape PB&J Strawberry Breakfast Sandwich Chocolate Muffin Blueberry Muffin TRIX CEREAL Honey Nut Cheerios Lucky Charms Pop Tart Cinnamon Pop Tart Fudge Pop Tart Strawberry Strawberry Yogurt Pineapple Chunks Apple Juice Chocolate Milk White Milk Strawberry Milk Syrup Jelly
Oct - 22 Breakfast Pizza PB&J Grape PB&J Strawberry Oatmeal/Biscuit Chocolate Muffin Blueberry Muffin TRIX CEREAL Honey Nut Cheerios Lucky Charms Pop Tart Cinnamon Pop Tart Fudge Pop Tart Strawberry Strawberry Yogurt Strawberry Cups Orange Juice Chocolate Milk White Milk Strawberry Milk Jelly	Oct - 23 Cinnamon Roll PB&J Grape PB&J Strawberry Breakfast Pizza Chocolate Mini Donuts Powdered Mini Donuts TRIX CEREAL Honey Nut Cheerios Lucky Charms Pop Tart Cinnamon Pop Tart Fudge Pop Tart Strawberry Strawberry Yogurt Sliced Peaches Apple Juice Chocolate Milk White Milk Strawberry Milk	Oct - 24 Sausage Pancake on PB&J Grape PB&J Strawberry Biscuit & Gravy Chocolate Muffin Blueberry Muffin TRIX CEREAL Honey Nut Cheerios Lucky Charms Pop Tart Cinnamon Pop Tart Fudge Pop Tart Strawberry Strawberry Yogurt Mandarin Oranges Apple Juice Chocolate Milk White Milk Strawberry Milk Syrup Jelly	Oct - 25 Sausage & Biscuit PB&J Grape PB&J Strawberry Sausage Pancake on Chocolate Mini Donuts Powdered Mini Donuts TRIX CEREAL Honey Nut Cheerios Lucky Charms Pop Tart Cinnamon Pop Tart Fudge Pop Tart Strawberry Strawberry Yogurt Strawberry Yogurt Fresh Banana Orange Juice Hash Brown Potatoes Chocolate Milk White Milk Strawberry Milk Jelly Syrup	Oct - 26 French Toast Sticks PB&J Grape Sausage & Biscuit Chocolate Muffin Blueberry Muffin TRIX CEREAL Honey Nut Cheerios Lucky Charms Pop Tart Cinnamon Pop Tart Fudge Pop Tart Strawberry Strawberry Yogurt Fresh Apple Orange Juice Chocolate Milk White Milk Syrup Mustard Gravy

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Oct - 29 Breakfast Pizza PB&J Grape PB&J Strawberry Oatmeal/Biscuit Chocolate Muffin Blueberry Muffin TRIX CEREAL Honey Nut Cheerios Lucky Charms Pop Tart Cinnamon Pop Tart Fudge Pop Tart Strawberry Fresh Oranges Apple Juice Chocolate Milk White Milk Strawberry Milk Jelly	Oct - 30 Cinnamon Roll PB&J Grape Breakfast Pizza Chocolate Mini Donuts Powdered Mini Donuts Cinnamon Toast Crunch Cocoa Puffs Lucky Charms Pop Tart Cinnamon Pop Tart Fudge Pop Tart Strawberry Strawberry Yogurt Bahama Salad w/ mand oranges/pineapp Apple Juice Chocolate Milk White Milk Strawberry Milk	Oct - 31 Pig in a Blanket New PB&J Grape Cinnamon Roll Chocolate Muffin Blueberry Muffin TRIX CEREAL Honey Nut Cheerios Lucky Charms Pop Tart Cinnamon Pop Tart Fudge Pop Tart Strawberry Strawberry Yogurt Applesauce Orange Juice Chocolate Milk White Milk Strawberry Milk Mustard		

USDA is an equal opportunity employer

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